



A Traveler's 3-Day Guide in Utah

Destination	Midway, UT (Departing from University of Utah Campus)
Travel Dates	August 7th, 2026 ---> August 9th, 2026
Budget	\$3,000 (Accommodates a group of 4)

Itinerary

Friday, August 7th	Saturday, August 8th	Sunday, August 9th	Cost Breakdown
3:10pm: Depart from the University of Utah to the Zermatt Utah Resort & Spa <u>45-minute drive</u> 4:00pm: Check into room @ Zermatt Utah Resort & Spa; Wasatch one-bedroom room (\$590/2 nights) <u>6-minute walk from resort or 2-minute drive</u> 5:30-6:30pm: Homestead Crater (\$80) <u>10-minute drive</u> 7:00pm: Dinner @ Lupita's Valley (\$60) <u>10-minute drive back to hotel room</u>	7:00am: Breakfast @ The Bakery (\$60) <u>22-minute drive</u> 8:00-11:00am: Hot Air Balloon Ride @ Black Rock Mountain Resort (\$1,400) <u>12-minute drive</u> 11:30am-12:30pm: Zipline Utah: Out and Back Package @ Utah Adventure Center (\$170) <u>6-minute drive</u> 12:40-1:40pm: Lunch @ The Border Food Truck (\$45) <u>7-minute drive</u> 2:00-5:30pm: Summer Gold Pass @ Utah Olympic Park (\$360) <u>30-minute drive</u> 6:00pm: Dinner @ Cafe Galleria (\$80) <u>4-minute drive back to hotel room</u>	10:45am: Check-out of Zermatt Utah Resort & Spa 11:00am-12:00pm: Brunch @ Z's Restaurant (\$80) <u>4-minute drive</u> 12:15-2:45pm: Walk downtown Midway, personal shopping (\$35-optional) 3:00pm: Drive from downtown Midway back to University of Utah <u>45-minute drive</u>	Transportation: \$40 Accommodation: \$590 (Whole Stay) Food: \$325 Activities: \$2,010 Flexible Fun Money: \$35 Total: \$3,000 *Disclaimer: This itinerary is subject to change. Time stamps are designated as an example to fit everything into the schedule, however can be adjusted to fit your personal preferences. Price rates are calculated as 4 adults and rounded up. Times between locations are estimates and may vary. Gas prices are determined from a typical 4 person vehicle and only accounted for gas that was used from the time since departing and arriving back at the University of Utah Campus.



A Traveler's 3-Day Guide in Utah

Why Midway?

Known for its natural beauty, hot springs, Swiss heritage, and recreational activities that cater to different interests.

- Midway features charming Swiss-inspired architecture that makes you feel as though you've been transported straight to the Alps--without ever leaving Utah.
- Expect sunny days with cool nights with average temperatures in August consisting of an average high of 85 degrees Fahrenheit and an average low of 55 degrees Fahrenheit.
- Close distance to Park City, Deer Valley, and Salt Lake City, allowing a wide range of activities.

All Your Information. One Place.

Addresses, Contact Numbers, and Website Links:

University of Utah Campus: 295 S Chipeta Way, Salt Lake City, UT 84108

Zermatt Utah Resort & Spa, Z's Restaurant, and The Bakery: 784 Resort Dr, Midway, UT 84049 (866) 937-6288
<https://zermattresort.com>

Homestead Crater: 700 North Homestead Dr, Midway, UT 84049, USA (435) 657-3840 <https://www.utahcrater.com>

Lupita's Valley: 650W 100 S #10, Heber City, UT 84032 (435) 654-3465 <https://lupitasvalley.com/menu/>

Hot Air Balloon: 909 W Peace Tree Trail, Heber City, UT 84032 (Lobby of Black Rock Mountain Resort) (800) 725-2477 <https://rainbowryders.com/locations/park-city/>

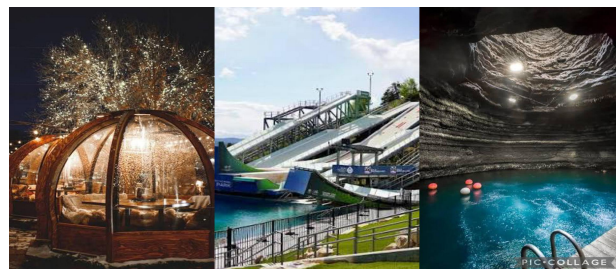
Zipline Utah: Deer Creek State Park Rainbow Bay, Heber City, UT 84032 (866) 923-1063
<https://www.utahadventurepark.com/about-1>

The Border Food Truck: 6699 N Landmark, Dr, Park City, UT 84098 (435) 799-6822
<https://www.theborderfoodtruck.com/vh9hebl3/the-border-foodtruck-park-city-84098/order-online?menu=All+Day+Menu#menu-section>

Utah Olympic Park: 3419 Olympic Parkway Park City, UT 84098 (435) 658-4200
<https://utaholympiclegacy.org/activity/gold-pass-session/>

Cafe Galleria: 101 W Main Street Midway, UT 84049 (435) 657-2002 <https://thecafegalleria.com/menus>

Midway Town Hall: 75 100 W, Midway, UT 84049





Why Midway Attracts People from All Walks of Life

Do you want to experience a new culture while staying in your home state? Are you an adrenaline junkie? Do you like a get-away with lots of natural beauty? If you answered “yes” to any of those questions, look no further. This 3-day itinerary for Midway, Utah is the next big thing on your to-do list. With all of the planning taken care of, you can sit back and check this off the list without the hassle of figuring details out.

Why pick one destination when you can experience Utah and Switzerland on the same trip? Midway has deep roots leading back to early Swiss immigrants who settled in Heber Valley. With agriculture and livestock framing the backbone of its economy, Midway has evolved to a popular recreational destination. It may not have trading stores and sawmills, but it still celebrates by hosting events like Swiss days and honoring its heritage year-round. Midway is a vibrant, cozy town full of something for everything, come find out for yourself.

This itinerary isn't one-size-fits-all—it's your adventure, your way. Customize every moment to match your travel style and dreams. Prefer to unwind while your friend seeks thrills on the zipline? Enjoy a free yoga class at the resort or indulge in a rejuvenating spa treatment. Feeling the summer heat? Trade your plans for an exhilarating Provo River rafting tour—just \$65 per person. Have specific dietary needs? Dine at Hearth & Hill, where delicious vegetarian bowls and fresh flavors await. In Midway, every traveler finds their perfect pace. Mix, match, and explore—this itinerary is a guide, not a rule book.

Behind the Scenes: An Insight to the Process of Organizing This Itinerary

When crafting together an itinerary, I look for new experiences, local food favorites, and a combination of thrilling activities along with the relaxing ones. Midway is a special place that shows you aspects of Switzerland without the passport fees and long airfare. While you can find comfort in the local Utahns, familiar food places, and transportation ease of driving your own vehicle, it's not an adventure if you don't get out of your comfort zone. Midway is in close proximity to the most adrenaline-filling adventures, sure to check off bucket-list items. The flexibility of this itinerary also allows downtime to lay out by the resort pool, have a game-night, walk the cute shops, or simply stargaze from your balcony. I take the hassle of researching and reading reviews out of your hands so you have time to enjoy. From extensive research, gas price calculations, temperature averages, and looking into “must-do” activities, this itinerary doesn't have a single shortcut taken when it comes to planning.

With the hopes of organizing this for adrenaline junkies, costs were important to not cut quality. The activities are the heart of this itinerary and the most expensive aspect. But the quality of accommodation and food are just as important. The dining experiences offer budget friendly pricing with exceptional service and flavors. When picking a bedroom, I figured it didn't need all of the bells and whistles, the main priority was that it was going to be cozy and offer relaxation amenities, such as their hot tub. Security is a big thing to consider, which is why I only include trusted booking platforms and digital tools, to ensure you are covered every step of the way. With the addresses and contact numbers of each location, you can be sure to always know what's in store. But, you can't forget the most important part of all, the money. When organizing an itinerary such as this one, I always round up. If a ticket costs \$25, I budget it as \$30. This ensures that when there's seasonal demand, cost fluctuations, road conditions, and when life happens, you can still find comfort that your trip will fall into the budget. Rest assured, I've spent my hours compiling only the best options to fit your needs, so now all you need to do is hit the road and make those memories.



A Traveler's 3-Day Guide in Utah

Key Highlights:

- Picture yourself crossing off that bucket list item of riding in a hot air balloon at sunrise.
- Imagine drooling over the taste of Cafe Galleria's authentic woodfire pizza.
- Watch yourself gliding in the sky on a Zipline.
- Think of all of the Swiss heritage that transports you to another reality.
- See yourself relaxed in a mineral-rich crater with no worries



References

(n.d.). Utah Crater website. Retrieved October 20, 2025, from <https://www.utahcrater.com/>

August Weather in Midway. (n.d.). Weather Spark.

<https://weatherspark.com/m/2694/8/Average-Weather-in-August-in-Midway-Utah-United-States>

The Bakery At Zermatt Utah. (n.d.).

<https://zermattresort.com/midway-utah-restaurants/the-bakery-at-zermatt/#menu>

Cost of Driving from Salt Lake City, UT to Midway, UT. (n.d.). Math Gas Calculation.

<https://www.travelmath.com/cost-of-driving/from/Salt+Lake+City,+UT/to/Midway,+UT>

Gold Pass Session. (n.d.). Utah Olympic Legacy Foundation. Retrieved October 20, 2025, from

<https://utaholympiclegacy.org/activity/gold-pass-session/>

Menu. (n.d.). The Border Foodtruck.

[https://www.theborderfoodtruck.com/vh9hebl3/the-border-foodtruck-park-city-84098/order-online?
menu=All+Day+Menu#menu-section](https://www.theborderfoodtruck.com/vh9hebl3/the-border-foodtruck-park-city-84098/order-online?menu=All+Day+Menu#menu-section)

Menu. (n.d.). Lupita's Valley. <https://lupitasvalley.com/menu/>

MENUS | Explore Our Delicious Offerings — Café Galleria, Midway, Utah. (n.d.). Cafe Galleria. Retrieved October 20, 2025, from <https://thecafegalleria.com/menus>

Miksis, J. (2025, October 7th). *12 Unmissable Things To Do In Midway, Utah (Bucket List Spots).* Global Viewpoint. <https://www.myglobalviewpoint.com/best-things-to-do-in-midway-utah/>

Park City, Utah Hot Air Balloon Rides | Book Your Adventure. (n.d.). Rainbow Ryders. Retrieved October 20, 2025, from <https://rainbowryders.com/locations/park-city/>

The Resort. (n.d.). Zermatt Resort. Retrieved October 20, 2025, from <https://zermattresort.com/zermatt-utah-accommodations/resort/>

Zipline Utah. (n.d.). Utah Adventure Park. <https://www.utahadventurepark.com/about-1>

Z's Restaurant | Midway Utah Steakhouse & Fine Dining at Zermatt Resort. (n.d.). Zermatt Resort. Retrieved October 20, 2025, from

<https://zermattresort.com/midway-utah-restaurants/zs-restaurant/>

